[INSERT CENTER NAME] is excited to introduce to you an innovative tool to help enhance your efforts toward recovery. Recovery Record is a free mobile application that allows you to track and reward your progress and practice important coping strategies on a daily basis.

During your first week in the program, you will be introduced to Recovery Record and given training on how to make use of its many features. Most individuals find Recovery Record easy to use once they learn to navigate the system. Your therapist and dietitian have been trained on Recovery Record as well and can answer questions you might have. You are also welcome to contact Recovery Record directly through the app for technical support.

Your team will help you to understand how you will be asked to use Recovery Record during your time in the program. If you have time away from programming, we recommend that you also use the tool outside of treatment to enhance your recovery and stay on track.

There are a few important things for you to know about Recovery Record:

* Recovery Record is HIPPA-compliant. This means that your information is kept private and confidential, even when shared with your treatment team via the app.
* Recovery Record will NOT be reviewed on a daily basis.
* Your therapist and RD will review the information you enter in Recovery Record only during normal business hours once weekly and will not be reviewing logs on days that they are out of the office.
* When downloading and setting up your Recovery Record account, you will be asked to read and accept the Terms of Use and Privacy Policy. These state, among other information, that Recovery Record is not for emergency use. As always, in the event of an emergency, please contact staff or visit your nearest emergency room.
* If you are participating in group programming, you will be expected to use cell phones appropriately. Therefore, you may not take pictures of peers, staff or the treatment center with electronics or cell phones and may not post pictures of treatment center, other patients or staff on social websites, or in anyway reveal the identity of peers in treatment to anyone outside the treatment setting.
* Recovery Record provides information, not medical, legal, or psychological advice, diagnoses, or treatment.
* Recovery Record is a wonderful tool, but only one of many in your recovery. We encourage you to not only self-monitor via the app, but also continue to share your experiences in person with peers and staff.
* You are encouraged to use Recovery Record during the times indicated by your team and can also use it at other times you feel it would be helpful.
* In the event of going on leave from treatment (ie. if needing hospitalization elsewhere), your team at [INSERT CENTER NAME] will not be reviewing logs or providing feedback in Recovery Record, but it can be reviewed upon your return.
* When you are discharged from [INSERT CENTER NAME], you will no longer be connected via the app to your treatment team. You may continue to use Recovery Record on your own free of charge and/or with your outpatient team.

We hope that Recovery Record will provide another useful tool in your recovery process. Please sign below to indicate that you have read and understand the information in this agreement.

*Signature*

*Printed Name*

*Date*